



## GROUP EXERCISE VIRTUAL STUDIO TIMETABLE - MAY 17<sup>TH</sup> 2021

### MONDAY

11.00 - 11.50	Virtual RPM	
12.30 - 1.00	Virtual SPRINT	
4.30 - 5.20	Virtual RPM	

### TUESDAY

7.00 - 7.30	Virtual SPRINT	
8.00 - 8.30	Virtual RPM	
11.00 - 11.50	Virtual RPM	
12.30 - 1.00	Virtual SPRINT	
5.00 - 5.30	Virtual SPRINT	
6.30 - 7.15	Virtual RPM	

### WEDNESDAY

12.00 - 12.30	Virtual SPRINT	
5.00 - 5.30	Virtual SPRINT	
6.00 - 6.50	Virtual RPM	

### THURSDAY

7.00 - 7.30	Virtual SPRINT	
8.00 - 8.30	Virtual RPM	
11.00 - 11.30	Virtual SPRINT	
5.00 - 5.30	Virtual SPRINT	
6.30 - 7.00	Virtual RPM	
7.30 - 8.20	Virtual RPM	

### FRIDAY

11.30 - 12.00	Virtual SPRINT	
6.00 - 6.50	Virtual RPM	

### SATURDAY

12.00 - 12.30	Virtual SPRINT	
1.00 - 1.30	Virtual SPRINT	

### SUNDAY

12.00 - 12.50	Virtual RPM	
1.30 - 2.00	Virtual SPRINT	